



We are your Foundation.

Supporting Physicians, Patients, and Communities



Massachusetts Medical Society and
Alliance Charitable Foundation

2010 Annual Report

Cover Photo: International Health Studies grant recipient Andrea Mendelsohn, MD, MPH, examines a woman admitted to the Baptist Medical Center in Nalerigu, Northern Ghana. Dr. Mendelsohn cared for children and adults admitted to the hospital, delivered babies on the obstetrical ward, assisted in caesarean sections and general surgery, and staffed the outpatient clinics.



Massachusetts Medical Society and
Alliance Charitable Foundation
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HISTORY

In May 2000, the Massachusetts Medical Society (MMS) House of Delegates established the MMS and Alliance Charitable Foundation as a supporting organization of the MMS. The Foundation, a not-for-profit 501(c)(3) organization, is a mechanism for consolidating the MMS's charitable giving into one entity, building on the activities of the former MMS Committee on Community Action and the MMS Alliance Charitable and Educational Fund.

MISSION

The mission of the Foundation is to support the charitable and educational activities of the MMS and the MMS Alliance, including, but not limited to, developing and nurturing cooperation between individuals, professions, institutions, and the community to creatively address issues that affect the health, benefit, and welfare of the community.

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Jennifer Day, Director

Message from the Chair



Dear Colleague:

The Massachusetts Medical Society and Alliance Charitable Foundation works on behalf of physicians and their families to improve the health and well-being of the community. *We are your Foundation.*

Since its inception in May 2000, the Foundation has worked diligently to make a difference in the lives of people across Massachusetts. Generous contributions from individuals, corporations, district medical societies, and alliances have allowed us to award more than \$1.9 million to programs that seek to improve the lives of individuals struggling in our own communities: the chronically ill, the poor, the homeless, and the abused.

The Foundation's success is evidenced by the quality of our giving, and there is no doubt that funding from the Foundation has resulted in many lives changed for the better. Organizations we fund address the harsh reality of health disparities among the underserved across the Commonwealth.

However, new challenges are always emerging. The economy has made fundraising more difficult, but this obstacle pales in comparison to the hardship and adversity many of our fellow citizens have had to face. Job loss combined with budget cuts have left more people hungry, homeless, and without adequate health care, yet they have fewer places to turn to for help. That is why despite the awkwardness of asking for money during tough times, we have continued to do just that. Your support is what enables us to make a difference.

Requests for Foundation funding continue to multiply. As the charitable voice of physicians, we have the unique ability to review applications with a medical perspective and a commitment to a healthy community. We are dedicated to making sure funds are spent prudently and remain focused on promoting health and wellness in our communities and on insuring the availability of accessible, quality health care. Our funding priority continues to be support for physician-led volunteer initiatives that provide free care to uninsured patients and increased access to care for the medically underserved.

The organizations we fund through the Foundation are committed to changing the health of Massachusetts citizens. Please consider making a tax-deductible contribution today. Your generosity will allow us to continue to fulfill our mission, and because of the extraordinary support the Foundation receives from the Society, 100 percent of your contribution will be directed to grant-making activities. *Your donation will never be used to fund overhead or administrative expenses.*

Thank you for your support. Together, we will continue to improve the health of people and communities in the Commonwealth.

Vanessa P. Kenealy, JD



ANNUAL PATTERSON FUND ESTABLISHED AT BOSTON UNIVERSITY SCHOOL OF PUBLIC HEALTH

Whitney Cowell (second from left), graduating from the Boston University School of Public Health (BUSPH) with a concentration in environmental health, was presented with the first annual Dr. William B. Patterson Memorial Prize for Excellence in Environmental and Occupational Health in May 2010. The honor acknowledges her exemplary academic performance and dedication to research in the field of environmental and occupational health. The award was established by the MMS and Alliance Charitable Foundation with contributions from the friends and family of Dr. William B. Patterson, a faculty member in the Environmental Health Department at the BUSPH who passed away in March 2008. The prize will be given annually in memory of Dr. Patterson and his commitment to public health, medicine, and education. Also pictured (left to right): Roberta White, PhD, associate dean of research and environmental health chair at the BUSPH, Joshua Patterson, Rachel Patterson, Lisa Patterson, and Stuart Patterson.

Partnership

At its Annual Meeting in May 2000, the MMS House of Delegates adopted policy that established an educational and service partnership between the MMS and the Albert Schweitzer Fellowship Program (ASFP). Since 2002, the Foundation has been responsible for managing a \$25,000 directed donation for the partnership. Each July, the ASFP submits a grant application to the Foundation, and the directors conduct an independent review and evaluation of the proposal.

The ASFP received \$25,000 in September 2009 from the Foundation to support the Boston Schweitzer Fellows Program, one of 10 such programs in the United States. The Boston program has been in existence since 1991 and has provided service opportunities and training in community work to more than 400 fellows.

The 2009–2010 Boston Schweitzer Fellows submitted their final reports in May 2010. Among the 24 fellows that completed the fellowship, 5 were medical student fellows supported by the Foundation. A summary of their projects follows.

Constance Chace and Erica Weston, University of Massachusetts Medical School

Constance and Erica created a collaborative wellness and development program at the Grace House, a substance abuse recovery home for adolescent women in Worcester, Massachusetts. The Grace House Project promoted stress reduction, self-awareness, and well-being through yoga, meditation, art, dance, and walking and running group activities for clients and staff. Through workshops, classes, and open discussion, this project addressed the diverse needs of the adolescent women at the Grace House by supplementing their focused substance abuse recovery program with diverse activities intended to build coping skills. The project was developed based on active feedback and suggestions from clients and staff and continues to

grow and evolve. Constance shares her experience with one young woman in a recent report:

“In the past month I have seen one of the clients I have grown closest to, KM, successfully finish a six-month recovery at the Grace House. Her transformation was a beautiful thing to behold. . . She taught me so much. She was the first to really commit to running with me every week. Week after week, she would share her stories with me. She would vent to me... One of things about KM that stood apart from the other clients was her unwavering positive outlook on the world, her peers, and her own personal struggles.”

Albert Chiou and Jessica Tao, Harvard Medical School
Albert and Jessie worked with students and physicians at Harvard Medical School and Harvard College to establish the Community Kidney Disease Detection (CKDD) program, a long-term, community-based effort to reduce morbidity and mortality related to chronic kidney disease in Boston's Chinatown. The program is housed at and supported by the Chinese Consolidated Benevolent Association. CKDD provides free renal health screenings, culturally and linguistically appropriate health education, and outreach regarding chronic kidney disease and associated conditions such as diabetes and hypertension. The entirely volunteer-driven program serves, on average, more than 30 participants at each monthly screening. In his final report, Albert highlights the impact their efforts made:

“With regard to impact in the community, we were able to serve over 200 individuals. We were able to identify a handful of participants who had acute kidney risk factors, and we were able to counsel them on the importance of seeking immediate care. In the case of two individuals, Jessie and I escorted them directly to South Cove, where they were able to register for care.”

Partnership

David Schiff, Boston University School of Medicine
Working with the South Boston Community Health Center (SBCHC), Davida developed an environmental health and justice program for teens in South Boston. She collaborated with local community groups and the SBCHC to partner with youth to understand and explore the health impacts of our man-made environment and develop strategies to reduce health disparities. Her project is part of a broader effort at the SBCHC to improve asthma education and outreach in the community. In her final report, Davida reflects on the impact the fellowship had on her professional development:

"The fellowship gave me an opportunity to ground myself during medical school and build roots in South Boston. I was able to think creatively about practical solutions to health disparities and learn from the life experiences of the youth I worked with in a more lasting way than any of the other knowledge I've acquired during the first two years of medical school!"

"We are grateful to the MMS and Alliance Charitable Foundation for supporting the work of our fellows to improve the health of individuals in our communities in Massachusetts and for including the Schweitzer Fellowship in the important and inspiring work the Foundation does."

— Devon Reber, MSW, Boston program director



Fellows volunteering at a community health fair in Chinatown



Jessie Tao (center) doing a health screening at a Chinatown street fair

ABOUT THE FELLOWSHIP

Throughout the year, fellows actively participated in monthly fellowship activities focused on their development as "leaders in service." Fellows met regularly to address a range of topics including cultural competency, health literacy, project sustainability, social determinants of health, and Albert Schweitzer.

Each year, the Boston fellows also conduct a series of public outreach activities with the following aim:

- To educate students in health-related fields, health professionals, and/or the general public about current local health disparities and unmet health needs
- To strengthen existing links among the Schweitzer Fellows Program, community agencies, and professional schools
- To identify new community organizations and other partners the Schweitzer Fellows Program might collaborate with in the future
- To help fellows develop leadership, organizational, and team-building skills for future public education activities
- To provide fellows with an experience of collaborative and shared responsibility within a small interdisciplinary group

The fellowship year ended with a closing retreat on April 10 and a celebration of service on May 6.

2009–2010 Grants

The Foundation currently administers the following grant programs:

- **Community Action**, which funds programs that creatively address issues that affect the health and well-being of the community
- **Care for the Medically Uninsured**, which supports physician-led volunteer initiatives to provide free care to uninsured patients and increase access to care for the medically underinsured
- **International Health Studies**, which provides funding for medical student and resident physician members of the MMS to pursue international education that focuses on underserved populations

COMMUNITY ACTION AND CARE FOR THE MEDICALLY UNDERINSURED

Boston Coalition for Adult Immunization — \$20,000 to support the administration of flu and pneumonia vaccines to thousands of underserved, at-risk adults in the Boston area while training 250 medical and nursing students

Boston Health Care for the Homeless Program — \$10,000 to support shelter-based medical services provided by registered nurses at the Pine Street Inn Clinic

Community Health Center of Cape Cod — \$15,000 to support the Specialty Network for the Uninsured, a patient referral program that connects the uninsured with the services of a physician specialist or surgeon and related diagnostic procedures

Father Bill's and MainSpring — \$10,000 to support a nurse practitioner at MainSpring Clinic in Brockton who will continue to assist more than 50 homeless patients each week by providing basic medical care and coordinating physician referrals for patients in need of primary or urgent care

Katie Brown Educational Program — \$5,000 to support the expansion of relationship violence prevention programming to a broader age range of students in the Fall River area

MetroWest Free Medical Program — \$15,000 to support volunteer physicians as they provide free health care services to the medically underserved in the community and they expand efforts to address chronic disease prevention and management



Peter, a guest of Father Bill's and MainSpring, being treated by Courtney Brown, nurse practitioner, in the MainSpring House Clinic. Peter is one of many new patients that received services in 2010 due to an increase in medical staffing funded in part by a grant from the Foundation.

Open Door Free Medical Program — \$10,000 to support the expansion of comprehensive women's health services provided by volunteer physicians to the uninsured/underinsured in the Marlborough/Hudson communities

Peer Health Exchange — \$20,000 to support the training of 400 volunteers from 6 colleges to deliver a comprehensive health curriculum to 3,300 ninth-grade students in the Boston public schools with the goal of increasing high school students' ability to make healthy decisions and building a commitment to public service among the college student volunteers

2009–2010 Grants



Tracy Phillips, nurse practitioner student and volunteer for the MetroWest Free Medical Program, takes a client's blood pressure at a Framingham health fair.

Project Health — \$20,000 to support efforts to implement a universal screening system at Boston Medical Center's pediatric clinic, including a needs assessment to project the level of volunteer capacity required to meet patients' needs, staff capacity to provide appropriate training and support of volunteers, and long-term costs of the program

Sharewood Project — \$10,000 for volunteer medical students under the supervision of volunteer physicians to provide urgent and primary health care services to medically vulnerable residents of the Great Boston area at weekly clinics in Malden

Volunteers in Medicine Berkshires — \$15,000 to support a part-time clinic manager who will oversee the scheduling of provider visits and medical interpreters and ensure the volunteer medical clinic providing health care to the underinsured and uninsured residents of the southern Berkshire region is operating effectively

INTERNATIONAL HEALTH STUDIES

Jennifer Dan — a fourth-year medical student at Boston University School of Medicine who participated in both the inpatient wards and outpatients clinics at the Motebang District Hospital in Leribe, Lesotho

"As a fourth-year medical student, I spent my time on the inpatient service of Motebang Hospital working with one of the registrars for the first four weeks and a medical officer for the last three weeks. I rounded daily on the patients in the female medical ward with a nurse by my side, acting as a translator. The inpatient female medical ward was divided into three rooms: one designated for patients with known HIV and either a respiratory or gastrointestinal problem, another dedicated to patients presenting with an exacerbation of a chronic medical condition such as congestive heart failure or hyperglycemia, and the last designated for isolation in which we put patients with measles."

Karsten Lunze, MD, MPH — a second-year preventive medicine resident at Boston Medical Center who provided clinical services to both mother and newborn at the Maternal and Child Health Clinic at the district hospital in Leribe, Lesotho. Dr. Lunze also researched newborn practices at the hospital and in the community as they relate to the recent increase in infant and child mortality rates.

Andrea Mendelsohn, MD — a second-year family medicine resident at Greater Lawrence Family Health Center who rotated through the inpatient and outpatient services at the Baptist Medical Center in Nalerigu, Northern Ghana. Dr. Mendelsohn cared for children and adults admitted to the hospital, delivered babies on the obstetrical ward, assisted in caesarean sections and general surgery, and staffed the outpatient clinics.

"I spent three weeks working with a team of five other physicians at the Baptist Medical Center in Nalerigu, Northern Ghana. Our trip allowed the permanent physician staff to take their only vacation of the year and gave me the opportunity to have clinical exposure to an amazing amount of tropical medicine and infectious diseases that one could only see in a developing country. I rounded on the pediatric, adult medicine, and obstetrical wards each day, seeing up to 60 children a day on quinine drips for cerebral malaria. An unresponsive baby would be carried on foot for hours to the hospital after multiple seizures at home, and then a few hours later, after the quinine decreased the parasitic burden clouding their brain, they'd be smiling and breastfeeding again. Other children would be brought in with rigid bellies, bodies stiff with pain, only to be rushed to the operating room for a typhoid perforation."

Joanna Suski — a fourth-year medical student at the University of Massachusetts Medical School who participated in an international health seminar and a clinical practicum experience in Riobamba, Ecuador. She interviewed and examined patients and participated in a rural community health brigade and local cultural activities.

"I worked at three different sites: one week I spent at Hospital Andino (alternative), two weeks at IESS Hospital with a neurologist, and one week with a homeopathic doctor. At the alternative hospital, I was able to work with the naturalist and watched her give massages, perform iridology, and do colon cleanses. IESS is the private hospital and serves only the beneficiaries of the Social Security System in Ecuador. I worked with a neurologist in clinic and I spent one week with a homeopathic doctor as he healed people with magnets. I also visited the Cacha clinic, in the Andean community of Cacha. It serves the indigenous communities in the mountains surrounding Riobamba."

Our Supporters

The Foundation gratefully acknowledges the following individuals and organizations for their generous support from June 1, 2009, to May 31, 2010.

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Dr. & Mrs. Tomislav Zargaj

*Every effort has been made to ensure the accuracy of this report.
We apologize if we have inadvertently omitted any names.
Please notify us of any discrepancies.*

"This award has made a significant difference in the financial stability of our organization and ensures we will have a full and productive season of immunizations this fall."

– Anna M. Bissonnette, director, Boston Coalition for Adult Immunization

"With your support over the upcoming year, the registered nurses at the Pine Street Inn Clinic will play a vital role in engaging patients in ongoing health care and providing them with the preventive services they need."

– Colleen Egan, grants manager, Boston Health Care for the Homeless Program

"The Foundation's support is critical to ensuring that we can continue to capitalize on families' visits to the doctor to help them put in place the array of resources — like safe, affordable child care, job training and GED programs for parents, and a consistent supply of nutritious food — to ensure their children's health."

– Sutton Kiplinger, executive director, Project HEALTH Boston

"The significant generosity of the MMS and its Charitable Alliance Foundation over the past five years has permitted Volunteers in Medicine Berkshires to broaden our physician-led Case Management Program markedly, to establish an optometry clinic, and to expand our family nurse practitioner hours. Their assistance also supports our services that facilitate direct patient care, such as interpreter services and community outreach efforts to serve the vulnerable medically uninsured. It is uncertain whether or not we could even exist without the support of the MMS and Alliance Charitable Foundation."

– Matthew Mandel, MD, co-medical director and vice-chair, Volunteers in Medicine Berkshires

Silent Auction

The Foundation's sixth annual silent auction was held on Friday, May 14, 2010, at the Seaport Hotel in Boston. The auction was held in conjunction with the Nancy N. Caron Annual Member Art Exhibit, sponsored by the MMS Arts, History, Humanism, and Culture Member Interest Network.

For a number of years, the exhibit has provided a unique opportunity for members and their families to share their artistic talents. Their self-expression explores varied mediums and has been influenced and shaped by a variety of fascinating experiences. For the sixth year, artists were invited to donate their works for a silent auction to benefit the Foundation. Sixty-three (63) pieces of art were on display, with 35 of those for the Foundation's silent auction. In addition, we received 22 other items to be part of the silent auction. The event was an enriching experience, and close to \$5,000 was raised to support the Foundation and its activities.



Thank you to the following individuals and organizations that donated items for the silent auction:

Edward Amaral, MD
Paul Berman, MD
Hubert I. Caplan, MD
Patricia Downs Berger, MD
Jack T. Evjy, MD
David Gouveia, MD
Richard Gross, MD
J. Barry Hanshaw, MD
Charles Huizenga, MD
Johnathan Igne-Bianchi
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Boston Ballet
Cape Cod Museum of Art
Cape Cod Symphony Orchestra
Colonial Theatre — Pittsfield
DeCordova Museum and Sculpture Park
Harvard Art Museum
Heritage Museum and Gardens
Huntington Theatre Company
The Institute of Contemporary Art
Isabella Stewart Gardner Museum
JFK Presidential Library and Museum
New England Aquarium
Norman Rockwell Museum
Zoo New England

Thank you to the following winning bidders for their generous support of the work of the Foundation:

Charles T. Alagero
Edward Amaral, MD
Stephanie Burns
Bartley Cilento, MD
Corinne Broderick
Jennifer Day
David Dodson, MD
Jack T. Evjy, MD
James Gessner, MD
David Golden, MD
Marie Hobart, MD
Rebecca L. Johnson, MD
Vanessa P. Kenealy & James F. X. Kenealy, MD
Virginia Latham, MD
Melanie Magee
Anna Manatis, MD
David McDermott, MD
Lisa Nagy, MD
Sahdev Passey, MD
Robin S. Richman, MD
Rick Schafer, MD
Andrew Ting, MD
Ana Vasilescu, MD
Susan H. Webb
Alan and Elise Woodward

Financials

UNAUDITED STATEMENT OF ACTIVITIES JUNE 1, 2009, TO MAY 31, 2010

REVENUE*	2009	2010
Community Action	125	125
Care for Medically Uninsured	50	50
International Health Studies	3	5
Patterson Fund	1	0
Endowment	3	1
Other	75	146
Management & General	8	8
Total Contributions	265	335

OTHER REVENUE*	2009	2010
Interest Income	2	2
Endowment Investment Activity	(141)	65
Total Revenues	126	402

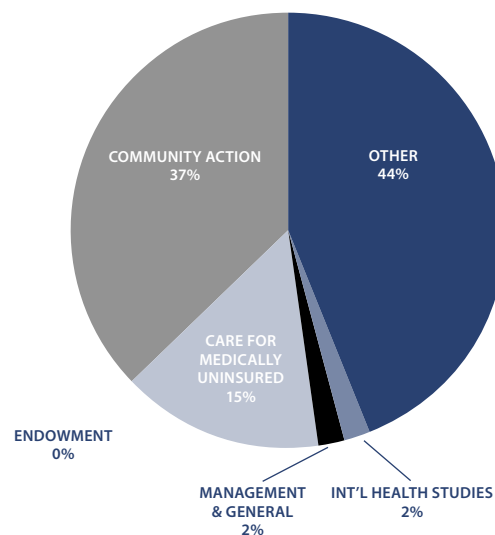
EXPENSES*	2009	2010
Community Action Grants	68	90
Care for Medically Uninsured Grants	98	85
International Health Studies Grants	3	2
Safe Delivery Project	0	93
Other Grants	10	0
Patterson Fund Grants	0	5
Management & General	6	6
Total Expenses	185	281
Excess of Revenues over Expenses	(59)	121
Net Assets, Beginning of Year	1,030	971
Net Assets, End of Year	971	1,092

*In thousands of dollars

[†]The MMS provides an additional contribution to the Foundation to cover management and general expenses (see "Revenue").

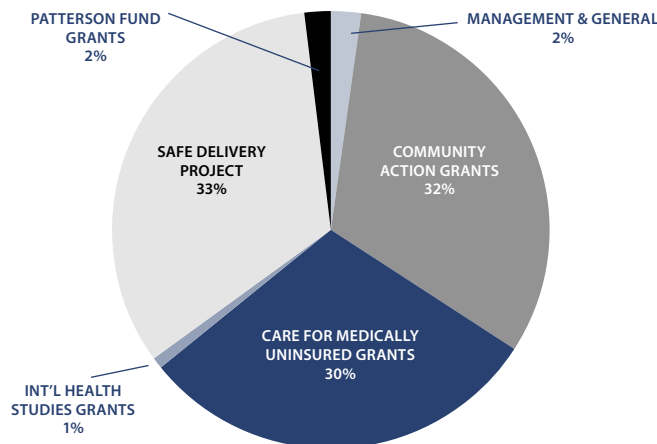
CONTRIBUTION REVENUE — FISCAL YEAR 2010

Total \$335,000

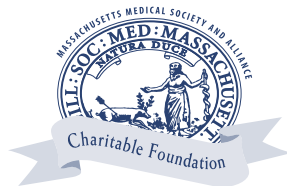


EXPENSES — FISCAL YEAR 2010

Total \$281,000



Because of the extraordinary support the Foundation receives from the Massachusetts Medical Society, we are able to keep our overhead expenses extremely low. As a result, those who give to the Foundation can be assured that 100% of their contribution goes where it is needed most — to address issues that affect the health and well-being of the community.



Massachusetts Medical Society and Alliance Charitable Foundation

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