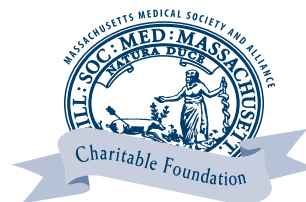


2019 ANNUAL REPORT

Supporting Physicians,
Patients, and Communities



Massachusetts Medical Society and
Alliance Charitable Foundation

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HISTORY

In May 2000, the Massachusetts Medical Society (MMS) House of Delegates established the MMS and Alliance Charitable Foundation as a supporting organization of the MMS. The Foundation, a not-for-profit 501(c)(3) organization, is a mechanism for consolidating the MMS’s charitable giving to the community into one entity, building on the activities of the former MMS Committee on Community Action and the MMS Alliance Charitable and Educational Fund.

MISSION

The mission of the Foundation is to support the charitable and educational activities of the MMS and the MMS Alliance, including, but not limited to, developing and nurturing cooperation between individuals, professions, institutions, and the community to creatively address issues that affect the health, benefit, and welfare of the community.

TABLE OF CONTENTS

Message from the Chair1

2019-2020 Regional Grants3

International Health Studies Grants8

Supporters and Tributes 10

Financials..... 16



Massachusetts Medical Society
and Alliance Charitable Foundation
860 Winter Street, Waltham, MA 02451-1411
(800) 322-2303, ext. 7044 | www.mmsfoundation.org

As physicians working at the community level, you are keenly aware of the needs that exist where you live and practice. You are encouraged to direct agencies to contact us or visit our website at **www.mmsfoundation.org** for information on our funding priorities and how to apply for a grant. Letter of Inquiry Deadline: January 15



Message from the Chair



Dear Friends and Colleagues,

I am excited to share with you highlights of what we have been able to accomplish this past year, because of the financial support and continued commitment from our donors to our mission of supporting physicians, patients, and communities.

This past year was another record-breaking year for the Foundation. We increased our financial support of organizations providing health care services to vulnerable populations by providing grants to 25 organizations across the Commonwealth, totaling \$281,278. Additionally, the Foundation provided \$18,875 in grants to four medical students and seven resident physicians who will learn through international travel how to provide care in limited-resource settings.

As we embark on our 20th anniversary, I continue to see persistent challenges in access to appropriate health care for the underserved and the most vulnerable patients in our communities. As physician leaders we are committed to filling major gaps in care and services in the Commonwealth, ensuring that people will get the health care they need and deserve.

Together, I know that we will continue to better the health and lives of people throughout the Commonwealth.

Katherine S. Upchurch

— Katherine S. Upchurch, MD



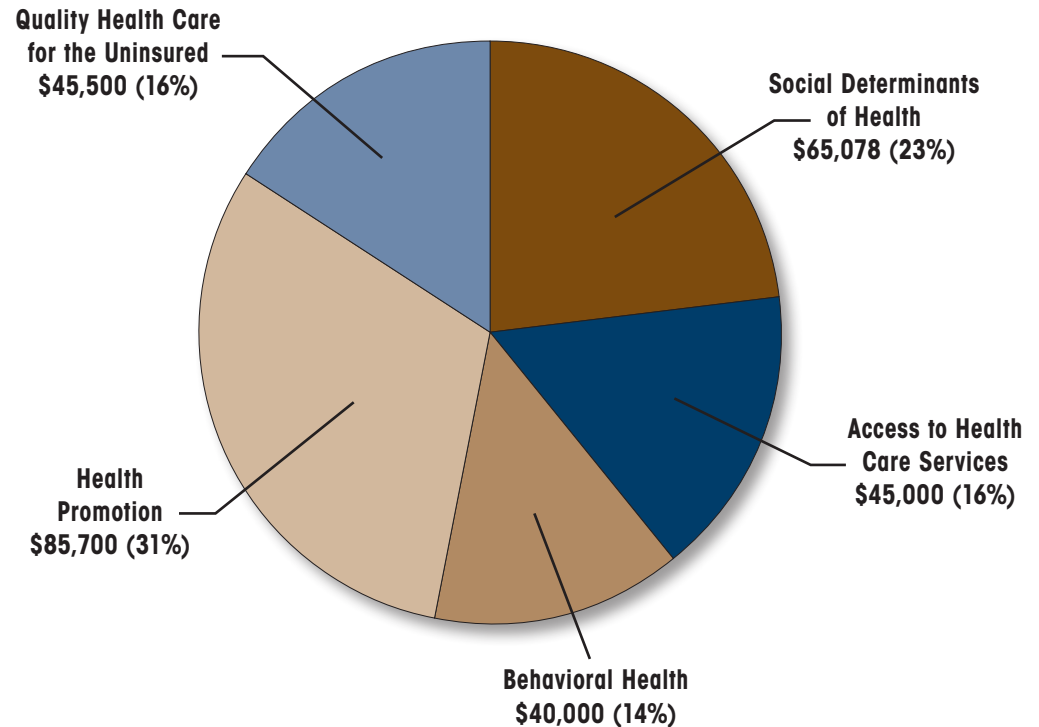
Dr. Harvey Clermont opened St. Anne's Medical Program in 1996 with a mission to provide quality health care to the uninsured and underinsured in central Massachusetts. The program is now led by Dr. Jane Lochrie and a team of health care professionals and other volunteers, including medical students from the University of Massachusetts School of Medicine.

2019–2020 Regional Grants

This year, we supported 25 organizations for a total of \$281,278. These organizations help communities across the Commonwealth address current health issues while also improving health on a community-wide level. Our grantees this year include food banks and clinics, women's health initiatives, mental health counseling, homeless health care, among others. We are proud to share more information about these organizations in the following pages as they assist with our mission to support physicians, patients, and communities across Massachusetts.

BREAKDOWN BY TOPIC OF FUNDED PROJECTS — FY 2019

Total: \$281,278



2019–2020 Regional Grants

The Foundation made a significant impact in the Northeast Region, supporting 16 organizations for a total of \$183,700.

NORTHEAST REGION

Asian Women for Health — \$10,000 to support MobilizASIANS for Health, an innovative project using WeChat®, a multipurpose social media platform, to provide culturally and linguistically relevant health information and support to underserved Chinese women living with breast cancer.

Beyond Soccer — \$15,000 to address youth sports and health inequities in Lawrence by providing affordable, quality year-round recreational and competitive soccer opportunities, collaborative summertime experiences, and off-the-field fitness and nutrition education programs to low-income youth.

Black Ministerial Alliance of Greater Boston — \$7,500 to support Fit Church/Fit Community, a partnership with Boston's inner-city churches to help reduce health disparities among people of color by bridging resources to them through strategic health partnerships.

Boston Health Care for the Homeless Program — \$15,000 to support public health interventions for homeless patients. This initiative will bring health education, vaccinations, and follow-up care to homeless patients, positioning the organization to respond to public health concerns as they arise.

Codman Square Health Center — \$10,000 to support the enhancement of the group-visit model to better serve patients. This model has been proven to be an effective intervention in addressing health disparities and is used to care for prenatal patients, well-child, hypertension, type 2 diabetes, healthy weight, mind-body medicine, depression, and substance use disorders.

Found in Translation — \$10,000 to support the Language Access Fellowship, which gives low-income, bilingual women in the Greater Boston Area an opportunity to achieve economic security through their language skills and fight linguistic disparities in health care access by training them as professional medical interpreters.

MetroWest Free Medical Program — \$8,000 to support behavioral health services for uninsured patients in need. This grant will expand the program's capacity and processes to identify the mental health needs of uninsured patients with no other options for care.

The Boston University Outreach Van Project was established in 1997 by students and serves more than 1,400 people annually. First- and second-year medical students, accompanied by a physician, travel to East Boston weekly with a van full of food, clothing, and supplies to distribute to anyone in need, and they offer necessary medical care.



2019–2020 Regional Grants

Our Neighbors' Table is partnering with Children's Health Care (CHC) pediatric practice to fully integrate food insecurity screening into all well visits. In northeastern Essex County, one out of eight children is food insecure, and while high-quality fresh food is available, it is unaffordable to many families.



NORTHEAST REGION

Our Neighbors' Table — \$10,000 to support the Creating Food Access for all Children: Screening and Prescription to Food Resources program, a partnership with Children's Health Care pediatric practice to pilot health care practice-based identification of food-insecure children and families.

Outreach Van Project — \$10,000 to support its mission of providing for the medically underserved communities of the Greater Boston area with clothing, food, and medical services while offering an opportunity for future physicians to learn skills in community outreach.

Philippine Medical Association of New England — \$3,200 to support a free wellness program serving a community of individuals experiencing homelessness, housing insecurity, or other social and medical challenges in Boston.

South End Community Health Center — \$20,000 to support the integration of behavioral health and pediatrics for children ages 0–8 exhibiting behavioral health issues and to promote child wellness addressing the physical, social, emotional, cognitive, and behavioral aspects of their development.

South Middlesex Opportunity Council (SMOC) — \$10,000 to support the Food Security and Nutrition Education Program, which educates families residing in SMOC's transitional housing for the homeless in the MetroWest region in nutrition, meal planning, and food preparation.

The Family Van — \$15,000 to support Project ADELANTE, which focuses on increasing access to health and health care for all, including immigrants and their families, by reducing many of the barriers to care, including location, cost, trust, time, and language.

The Fatherhood Project at Mass General Hospital — \$10,000 to support Dads in Recovery, an evidence-based program that enhances the system of care provided to fathers struggling with substance use disorders through a psycho-educational intervention aimed at improving parenting skills and emotional engagement with their children.

The Sharewood Project — \$10,000 to support the mission of this free, student-run health education organization that provides limited-care services, dental, vision, food insecurity screenings, and insurance enrollment assistance are provided to medically underserved people and families.

Transition House — \$20,000 to support the Family and Children's Services Health Program, which provides health care services, case management, and creates linkages to other health care providers for homeless children and their families living in shelters and supportive housing.

2019–2020 Regional Grants

Three organizations in the Southeast Region received grants totaling \$25,000.

SOUTHEAST REGION

Farm and Community Collaborative — \$5,000 to support their Farm to Food Bank program, which connects farms and community organizations to alleviate food insecurity in the Gateway cities of Brockton, Fall River, New Bedford, and Taunton as well as surrounding communities by improving access to fresh produce.

Father Bill's & MainSpring — \$10,000 to support the MainSpring Outreach Project, which creates access to health care and improves health outcomes for homeless men and women who are currently living outdoors in Brockton.

Interfaith Social Services — \$10,000 to support the New Directions Counselling Center, which addresses the mental health needs of impoverished people — without health insurance or with inadequate coverage — by providing therapy and counselling services on a sliding fee schedule.

The Farm and Community Collaborative in Lakeville was founded in 2018. Through the Farm to Future program, apprentices gain a comprehensive understanding of sustainable agriculture and our local food system. Ten paid apprenticeships were available in 2019 to underserved youth.



2019–2020 Regional Grants

Lovin' Spoonfuls was founded in 2010 in Greater Boston and is dedicated to facilitating the rescue and distribution of healthy, fresh food that would otherwise be discarded by utilizing a direct distribution system to pick up excess perishable food from grocery retailers, farms, CSAs, wholesalers, and hospitality sites and deliver those items to local shelters, food pantries, and crisis centers within the same day. The model was successfully replicated in 2016 in MetroWest and most recently in Hampden county.



Six organizations in the West Central Region received grants totaling \$72,578.

WEST CENTRAL REGION

Amherst Survival Center — \$15,000 to support the Free Health Program, which consists of a twice-weekly walk-in clinic, provided by medical volunteers and staff, a Health Needs Fund to help pay for medications and tests, and HungerRX, an outreach campaign with local physicians to support food security screenings and referrals to the food pantry.

Community Health Programs — \$10,078 to support the expansion of their geographic reach and impact by offering family services and programming to Central Berkshire families. A community health worker will offer a variety of parent/child educational programs and coordinate on-site resources, including SNAP, fuel assistance, mobile food bank, baby box workshops, clothing exchange, emergency food, diapers, and case management services.

Just Roots — \$10,000 to support the Local Food Clinic, a free, monthly drop-in opportunity focused on connecting residents living in low-income housing developments in Franklin County with local food and health resources aimed at addressing food insecurity, building the habits of health, and expanding health equity.

Lovin' Spoonfuls — \$15,000 to support the expansion of their Food Rescue Program to Hampden County. The program uses a direct distribution system to collect excess food from grocery stores, farms, and wholesalers and deliver those items to nonprofit organizations on the same day.

Saint Anne's Free Medical Program — \$7,500 to support the Women's Health Initiative providing free care to the uninsured and the underinsured in central Massachusetts. Endometrial or cervical biopsies will be provided by a volunteer gynecologist and this grant supports the pathology.

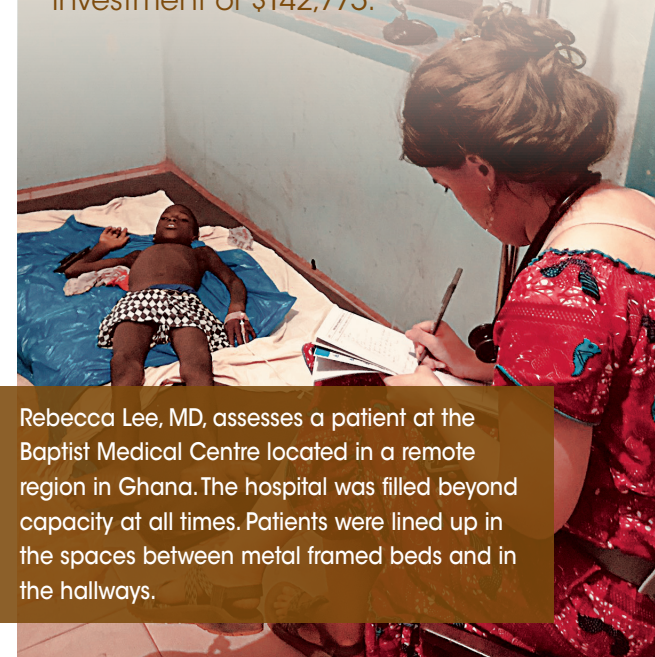
Volunteers in Medicine Berkshires — \$15,000 to support the creation of a structured Women's Health Program to address the unique needs of the increasing numbers of female patients.

International Health Studies Grantees

Medical Students

Name of Grantee	Medical School	Travel Location
Umaru Barrie	University of Massachusetts Medical School	Kabala Government Hospital/ International Surgical Health Initiative, Sierra Leone
<i>"The demand for surgical care greatly exceeds the availability of services. The perseverance and eagerness that patients sought care signifies how desperately greater access to surgical care is needed in this region."</i>		
Leangelo Hall	Harvard Medical School	Buduburam Refugee Settlement, Ghana
<i>"As an aspiring academic ophthalmologist, I intend to practice domestically and internationally as well as continue my longstanding commitment to addressing health disparities through clinical care and research."</i>		
Maureen Ogamba	University of Massachusetts Medical School	Hospital El Buen Samaritano & Fundacion Enciende Una Luz, Dominican Republic
<i>"I learned the outmost importance of knowing and understanding the community that you serve. The bateyes are a unique community given the sociocultural and political environment, which hinders growth and suppresses the community."</i>		
Rajesh Reddy	Tufts University School of Medicine	University of Ghana Medical School, Ghana
<i>Rotation not yet completed.</i>		

This past year marks the 18th consecutive year that the Foundation has awarded International Health Studies grants. The program began in Fiscal Year 2002 with four annual grants totaling \$3,000 and has continuously grown to the past year awarding 11 grants totaling \$18,875. One hundred and five individuals have received this honor for a total investment of \$142,775.



Rebecca Lee, MD, assesses a patient at the Baptist Medical Centre located in a remote region in Ghana. The hospital was filled beyond capacity at all times. Patients were lined up in the spaces between metal framed beds and in the hallways.

International Health Studies Grantees

Residents

By subsidizing up to \$2,000 of travel expenses, we hope to contribute to the development of culturally competent physicians who are prepared to serve both local and international communities with humility and respect.



Caroline Komanecky, MD (center), does a primary C-section on a late pre-term patient with a bleeding placenta previa with a Guatemalan OB/GYN.

Name of Grantee	Residency Program	Travel Location
Caroline Komanecky, MD	Greater Lawrence Family Medicine Residency Program	Hospitalito Atitlan, Guatemala
Jennifer Lee, MD	Beth Israel Deaconess Medical Center Internal Medicine	Scottish Livingstone Hospital, Botswana
Rebecca Lee, MD	Greater Lawrence Family Medicine Residency Program	The Baptist Medical Centre, Ghana
Adam McFarland, MD	Boston Medical Center Emergency Medicine	Hue University of Medicine and Pharmacy, Vietnam
Adi Rattner, MD	Boston Medical Center Family Medicine	Partners in Health — Compañeros en Salud, Mexico
Jing Ren, MD	Massachusetts General Hospital Internal Medicine-Pediatrics	Northern Navajo Medical Center, New Mexico, USA
Anna Ruman, MD	Massachusetts General Hospital Pediatrics	Partners in Health — Compañeros en Salud, Mexico

Supporters and Tributes

Thank you for your support of the Foundation through your philanthropic gifts from June 1, 2018, to May 31, 2019.

Visionary (\$10,000 OR MORE)

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Physicians Insurance Agency of
Massachusetts

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We have made every effort to properly recognize our generous donors. If we have made an error, we apologize.

Please contact us so we can correct our records.

Supporters and Tributes

TRIBUTES

The Foundation is pleased to accept contributions recognizing special occasions in the lives of family, friends, and colleagues. We are honored to recognize these gifts.

In honor of Dr. Patricia Berger on the occasion of her retirement as chair of MassCare and her 25 years of services

Hubert ("Hu") Caplan, MD

In honor of Karl Bombaugh

Dr. Maryanne & Mr. Keith Bombaugh

In honor of Dr. Alexander Chan

Dr. Wei Chan and Gladys Chan

In honor of Mary & Ed Clasby

Dr. Maryanne & Mr. Keith Bombaugh

In honor of Sandra Delgado

Sophia & John Bogdasarian

In honor of Dr. Elinor Downs on her 107th Birthday

Hubert ("Hu") Caplan, MD

In honor of Mrs. Jean McCarthy, RN

Dr. Ronald and Bonnie Dunlap

In honor of Leonard J. Morse, MD

Patricia Rose Falcao, MD

In honor of Dr. David Rosenfeld & Karen Shapiro


Janet C. Abrahamian, MD & Arzroon Abrahamian

In honor of Thompson & Calvin Sherman, our beautiful grandsons

Dr. Mark M. & Jane L. Sherman

In honor of Mary Sullivan, FNP

Katharine C. Barnard, MD



Found in Translation is a program that helps low-income and homeless multilingual women to become professional medical interpreters and gives them the opportunity to cross the bridge from homelessness and poverty to financial security.

Supporters and Tributes



In Memory of Robert H. Ackerman

June 1, 1935–December 18, 2018

Dr. Robert H. “Bob” Ackerman of Cambridge, MA, and Gloucester, MA, passed away peacefully, surrounded by family on December 18, 2018. He was 83 years old.

Dr. Ackerman had an incredibly successful medical career that spanned several different specialties. He was a long-time supporter of the Foundation and he chose to extend his influence beyond his life by including the Foundation in his estate plan. We are honored that Dr. Ackerman had the faith in our leadership and belief in our mission to continue his support through a charitable bequest.

A planned gift not only helps you plan for your future but helps us plan ours, too. For more information, visit www.mmsfoundation.org.

In memory of Richard Aghababian, MD

Ann Aghababian

Sophia and John Bogdasarian

In memory of Jose Delgado

Sophia and John Bogdasarian

In memory of Laura B. Fixman, MD

Kenath J. Shamir, MD

In memory of Paul J. Hannaway, MD

G. David K. Hopper, MD

In memory of David O. Kent

Alan T. Kent, MD

In memory of Rashmi Patwardhan, MD

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Francine and Rohit Vakil

In memory of Guenter Spanknebel, MD

Massachusetts Medical Society Alliance

In memory of William Sullivan, MD

B. Hoagland Rosania, MD

In memory of Marjorie Van Houten

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In memory of Mircea S. Vasilescu

Ana-Cristina Vasilescu, MD

In memory of Josephine Vyas

Anil M. Vyas, MD

In memory of James Morningstar Young, MD

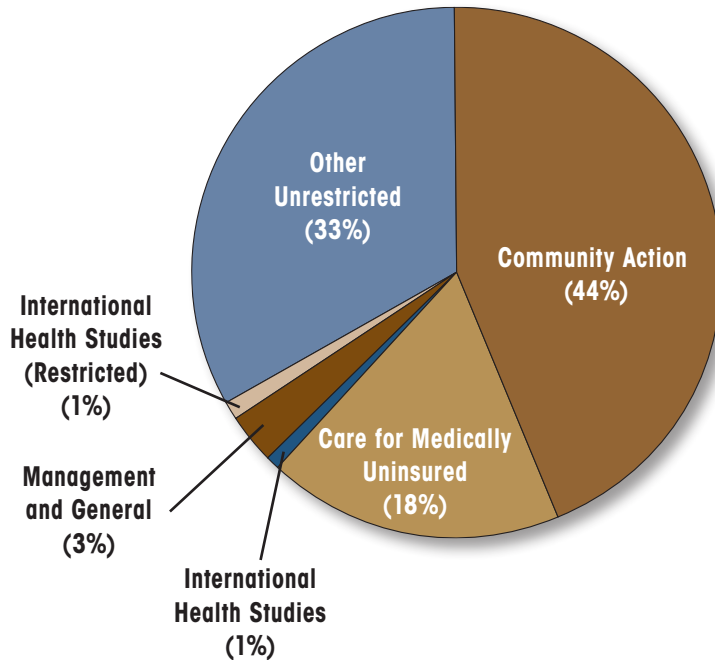
Mariette Aubuchon Young

If you would like to honor someone by making a gift to the Foundation, please call (781) 434-7044.

Financials

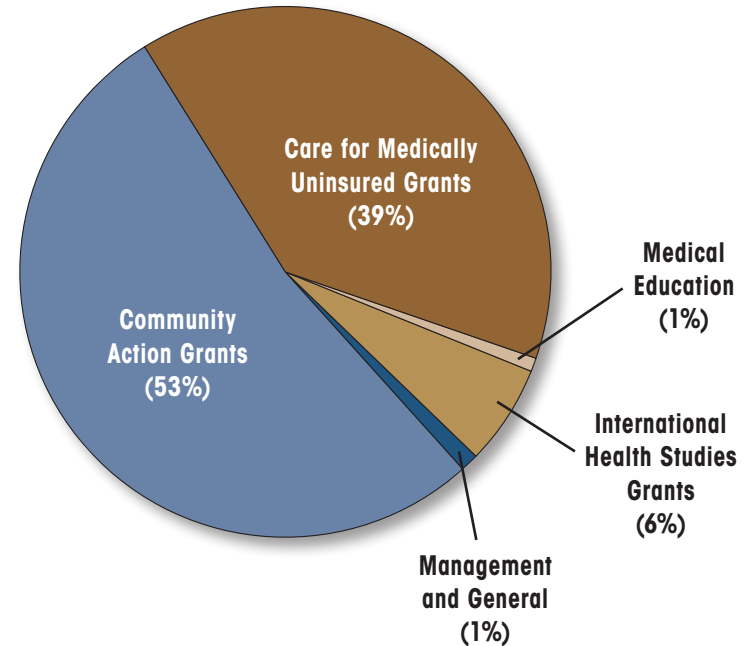
CONTRIBUTION REVENUE — FISCAL YEAR 2019

Total: \$282,000



EXPENSES — FISCAL YEAR 2019

Total: \$306,000



Because of the extraordinary support the Foundation receives from the Massachusetts Medical Society, we are able to keep our overhead expenses extremely low. As a result, those who give to the Foundation can be assured that 100 percent of their contribution goes where it is needed most — to address issues that affect the health and well-being of the community.



Thank you to the artists and organizations that donated items for our silent auction held in conjunction with the Nancy N. Caron Annual Member Art Exhibit on Thursday, May 2, 2019. And a special thanks to the winning bidders for their generous support of the work of the Foundation, raising \$4,500 for our grantmaking activities.



Statement of Revenues and Expenses and Changes in Net Assets for the Fiscal Year Ended May 31, 2019

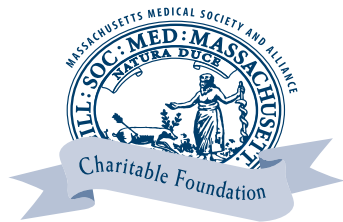
Statement of Activities: June 1, 2018, to May 31, 2019 (audited)

REVENUE*	2018	2019
Contributions		
Community Action	125	125
Care for Medically Uninsured	50	50
International Health Studies	3	3
International Health Studies (restricted)	0	2
Management and General	8	8
Endowment	4	1
Other Unrestricted	91	93
Total Contributions	280	282

OTHER REVENUE*	2018	2019
Unrestricted Investment Activity	93	16
Endowment Investment Activity	64	44
Total Revenues	490	437

EXPENSES*	2018	2019
Community Action Grants	128	161
Care for Medically Uninsured Grants	137	121
International Health Studies Grants	20	19
Medical Education	0	1
MetroWest Grant	8	0
Other Unrestricted	25	0
Management and General	6	4
Total Expenses	324	306
Excess of Revenues over Expenses	113	36
Net Assets, Beginning of Year	1,966	2,080
Net Assets, End of Year	2,080	2,116

*In thousands of dollars



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