







2018 ANNUAL REPORT

Supporting Physicians, Patients, and Communities







Massachusetts Medical Society and Alliance Charitable Foundation

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HISTORY

In May 2000, the Massachusetts Medical Society (MMS) House of Delegates established the MMS and Alliance Charitable Foundation as a supporting organization of the MMS. The Foundation, a notfor-profit 501(c)(3) organization, is a mechanism for consolidating the MMS's charitable giving to the community into one entity, building on the activities of the former MMS Committee on Community Action and the MMS Alliance Charitable and Educational Fund.

MISSION

The mission of the Foundation is to support the charitable and educational activities of the MMS and the MMS Alliance, including, but not limited to, developing and nurturing cooperation between individuals, professions, institutions, and the community to creatively address issues that affect the health, benefit, and welfare of the community.

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Massachusetts Medical Society and Alliance Charitable Foundation 860 Winter Street, Waltham, MA 02451-1411 (800) 322-2303, ext. 7044 | www.mmsfoundation.org

Message from the Chair



Dear Friends and Colleagues,

I am excited to share with you highlights of what we have been able to accomplish this past year, because of the financial support and continued commitment from our donors to our mission of supporting physicians, patients, and communities.

This past year was a banner year for the Foundation. Our board worked diligently to refine and define our funding priorities and our grant application process has been streamlined and is now managed through an online grant portal. We increased our financial support of organizations providing health care services to vulnerable populations by providing grants to 20 organizations across the Commonwealth, totaling \$265,000. Additionally, the Foundation provided \$20,000 in grants to four medical students and six resident physicians who will learn through international travel how to provide care in limited-resource settings.

Looking ahead I see persistent challenges in access to appropriate health care for the underserved and the most vulnerable patients in our communities. As physician leaders we are committed to filling major gaps in care and services in the Commonwealth, ensuring that people will get the health care they need and deserve.

Together, I know that we will continue to better the health and lives of people throughout the Commonwealth.

Katherine D. Upchurch

— Katherine S. Upchurch, MD

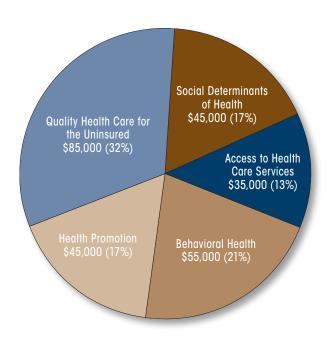


2018–2019 Regional Grants

his year, we supported 20 organizations for a total of \$265,000. These organizations help communities across the Commonwealth address current health issues while also improving health on a communitywide level. Our grantees this year include addiction recovery support programs, mental health counseling, homeless health care, among others. We are proud to share more information about these organizations in the following pages as they assist with our mission to support physicians, patients, and communities across Massachusetts.

BREAKDOWN BY TOPIC OF FUNDED PROJECTS — FY 2018

Total: \$265,000



2018–2019 Regional Grants

The Foundation made a significant impact in the Northeast Region, supporting 15 organizations for a total of \$195,000.

NORTHEAST REGION

Boston Health Care for the Homeless — \$25,000 to support the Women's Health Initiative, a multi-faceted project that will mitigate the health disparities that homeless women endure through community-based engagement and trauma-informed services.

Charles River Community Health — \$10,000 to support collaboration between medical providers and community health workers to actively address the social determinants of health that affect their vulnerable patient population, including low-income immigrants, and improve their health outcomes.

Cotting School — \$5,000 to support the Seamark Vision Clinic, one of only a few clinics in Massachusetts with the specific technology and expertise to provide proper vision assessments to children with complex disabilities.

Health Care Without Walls — \$20,000 to create a replicable and sustainable model of low barrier access, community-based urgent and episodic care to support chronic disease management and prevent ER and hospital admissions among aging, homeless women.

Hearth — \$7,500 to support a part-time Substance Abuse Specialist who works with the elderly population in Hearth's residences who are experiencing substance misuse and addiction to keep them in their homes without disturbing the other residents.

MetroWest Free Medical Program — \$10,000 to support enhanced volunteer recruitment and expanded capacity to meet the growing need for care by the uninsured and underinsured.

Peer Health Exchange Boston — \$15,000 to support the training of college volunteers to teach 9th graders at 21 partner schools where health education is lacking, or curriculum does not cover sexual health, mental health, or substance use.

Peer Health Exchange partners with high schools to provide high-quality health education over the course of the academic year, providing young people with critical health knowledge and skills to make and act on health decisions.



The Family Van works to address the barriers to health and wellness that impact vulnerable populations by building relationships in a culturally sensitive and linguistically appropriate manner.



2018–2019 Regional Grants

NORTHEAST REGION

REACH Beyond Domestic Violence — \$7,500 to support psycho-educational and skill-building groups that will increase access to mental health services for children and teens who have witnessed or experienced domestic violence or other trauma, some with limited English proficiency.

South Middlesex Opportunity Council — \$10,000 to educate homeless families in nutrition, healthy meal planning, and safe food preparation; with the overall goals of improving health, recovery, employability, and housing.

Sportsmen's Tennis & Enrichment Center — \$10,000 to support the HEAL2 program, a year-long health and wellness initiative designed to advance resident health and chronic disease prevention in Boston's Blue Hill Avenue Corridor.

StudentsCare — **\$5,000** to support the Hospital Buddy Program that pairs pre-med college students with long-term pediatric patients and families to help address the emotional effects of long-term illness, while also promoting empathy and compassion among future health care professionals.

The Crimson Care Collaborative — \$20,000 to support the development of sustainable strategies to improve the safety of transitions to the community for individuals who leave Boston's jails each year at high risk for poor health outcomes.

The Family Van — **\$20,000** to expand outreach to non-native English-speaking clients with multilingual staff, reference materials, community resource manuals, and trainings to increase cultural linguistically appropriate services.

The Sharewood Project — \$10,000 to support this entirely student-operated clinic, supervised by volunteer physicians, to provide free health care services to vulnerable populations.

Whittier Street Health Center — \$20,000 to support the Women's Opioid Prevention Program, an integrated treatment program to prevent the misuse of opioids by women; and to educate women, their families, and the community about the risks of opioid overdose.

2018–2019 Regional Grants

Four organizations in the Southeast Region received grants for a total of \$50,000.

SOUTHEAST REGION

Health Imperatives — \$15,000 to support the HIV Prevention Project by increasing access to HIV prevention services among high-risk populations in Southeastern Massachusetts through improved clinical outreach and community engagement efforts.

Gandara Center — \$10,000 to support the Brockton Champion Program, a community collaboration among city, police, courts, and health and treatment providers to provide immediate access to drug treatment in an effort to reduce the City of Brockton's opioid overdose and death rates and promote engagement with long-term recovery.

Father Bill's & MainSpring — \$15,000 to support the MainSpring Outreach Project, which creates access to health care and improves health outcomes for homeless men and women who are currently living outdoors in Brockton.

Interfaith Social Services — \$10,000 to support the New Directions Counselling Center, which addresses the mental health needs of impoverished people without health insurance or with inadequate coverage.

- 50 percent in the last year. Our program engages dedicated volunteer health care providers to assure that all people have access to care, regardless of their ability to pay. Support from the Foundation is vital to equipping those volunteers to provide care to people who desperately need it."
- Kim Prendergast, executive director,
 MetroWest Free Medical Program
- Foundation is helping to provide cost effective health care solutions and produce better outcomes for individuals experiencing homelessness and in desperate need of care."
- John Yazwinski, president and CEO,
 Father Bill's & MainSpring

continued support of the Foundation of our free walk-in health clinic and the ways it helps us meet our mission to connect residents of Hampshire and Franklin counties with health and wellness."

Mindy Domb, executive
 director, Amherst Survival Center



2018–2019 Regional Grants

One organization in the West Central Region received a grant.

WEST CENTRAL REGION

Amherst Survival Center — \$20,000 to support the Health Program, which consists of a free clinic provided by medical volunteers and staff, a Health Needs Fund to help pay for medications and tests, and HungeRX: outreach to local physicians to support food security screenings and referrals to food pantry.

As physicians working at the community level, you are keenly aware of the needs that exist where you live and practice.

We are looking to connect with Massachusettsbased nonprofits in need of funding.

Visit **www.mmsfoundation.org** for information on our funding priorities and how to apply for a grant.

Letter of Inquiry Deadline: January 15



International Health Studies Grantees

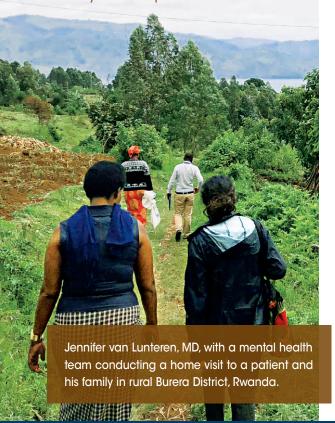
Medical Students

Four medical students received grants totaling \$8,000 to help offset the travel costs of their international education focusing on underserved populations.

Name of Grantee	Medical School	Travel Location			
Margaret Cochran	Harvard Medical School	The National Institute of Neurological Sciences Lima, Peru			
"This experience has taught me so much about neuro cysticercosis and epilepsy in the developing world, and I know this knowledge will inform my future career as a global neurologist."					
Hannah Harp	Boston University School of Medicine	University of Malaya Medical Center Kuala Lumpur, Malaysia			
"Although seeing patients with conditions I had only read about made the rotation engaging, I was deeply impressed with the ability of the medical team to tailor treatment approaches according to the cultural background, language, education, and economic resources of a patient's family."					
Christopher Murray	Harvard Medical School	University of Paris 13 and Charité University Hospital Saint-Denis, France, and Berlin, Germany			
"This experience gave me incredible insights into how Germany and France approach safety-net emergency medical care. I frequently served refugee patients from the Middle East and Africa and the importance of broader social services to the health of marginalized groups became clear to me."					
Samantha Truong	Harvard Medical School	Partners in Health/Compañeros en Salud Chiapas, Mexico			
"This opportunity will shape my practice as a future OB/GYN devoted to promoting global women's health."					

This past year marks the 17th consecutive year that the Foundation has awarded International Health Studies grants. The program began in FY 2002 with four annual grants totaling \$3,000 and has continuously grown to the past year awarding 10 grants totaling \$20,000. Ninety-four individuals have received this honor for a total investment of \$123,900. Maria Prom, MD, views the mountainside in Carabayllo, Peru during a supervised home visit with a community health worker and the local mental health team psychologist.

By subsidizing up to \$2,000 of travel expenses, we hope to contribute to the development of culturally competent physicians who are prepared to serve both local and international communities with humility and respect.



International Health Studies Grantees

Residents

Six resident physicians received grants totaling \$12,000.

Name of Grantee	ame of Grantee Residency Program Travel Location		
Morgan Broccoli, MD	Broccoli, MD Boston Medical Center and Michael Chilufya Emergency Medicine Kasama General Hospita and Michael Chilufya District Hospital Kasama and Mpika, Zamb		
Chelsea McGuire, MD	Chelsea McGuire, MD Boston University Family Medicine Motebang Hospital Leribe, Lesotho		
Jennifer van Lunteren, MD	fer van Lunteren, MD Harvard Longwood Psychiatry Butaro Hospital Butaro, Rwanda		
Shekinah Elmore, MD	hekinah Elmore, MD Harvard Radiation Oncology Parirenyatwa Hospita Harare, Zimbabwe		
Maria Prom, MD	MGH/McLean Adult Psychiatry	Partners in Health/Socios en Salud Carabayllo, Peru	
Leann Jones, MD	University of Massachusetts Medical Center Family Medicine	Moi University Eldoret, Kenya	

Thank you for your support of the Foundation through your philanthropic gifts from June 1, 2017, to May 31, 2018.

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Please contact us so we can correct our records.

TRIBUTES

The Foundation is pleased to accept contributions recognizing special occasions in the lives of family, friends, and colleagues. We are honored to recognize these gifts.

In honor of Mary Kay Albert

Marcy L. Rock

In honor of Keith Bombaugh Jr.

Dr. Maryanne & Mr. Keith Bombaugh

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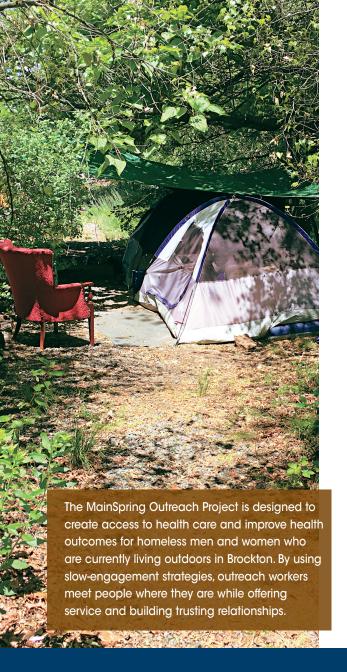
Mary Frances Gray

In memory of Rev. Arnak Kasparian

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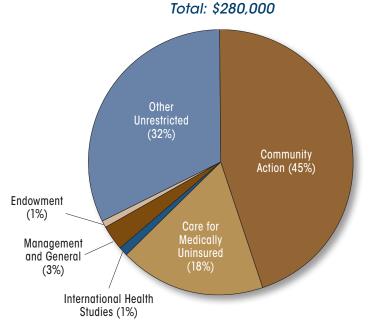
In memory of James M. Young, MD

Mariette Aubuchon Young

If you would like to honor someone by making a gift to the Foundation, please call (781) 434-7044.

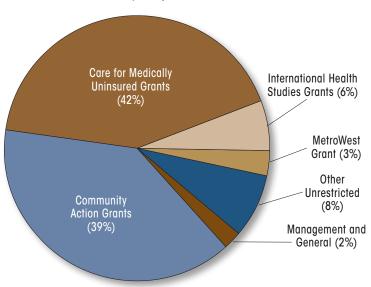
Financials

CONTRIBUTION REVENUE — FISCAL YEAR 2018



EXPENSES — FISCAL YEAR 2018

Total: \$324,000



Because of the extraordinary support the Foundation receives from the Massachusetts Medical Society, we are able to keep our overhead expenses extremely low. As a result, those who give to the Foundation can be assured that 100 percent of their contribution goes where it is needed most — to address issues that affect the health and well-being of the community.



Thank you to the artists and organizations that donated items for our silent auction held in conjunction with the Nancy N. Caron Annual Member Art Exhibit on Thursday, April 26, 2018. And a special thanks to the winning bidders for their generous support of the work of the Foundation, raising \$6,000 for our grantmaking activities.



Financials

Statement of Revenues and Expenses and Changes in Net Assets for the Fiscal Year Ended May 31, 2018 Statement of Activities: June 1, 2017, to May 31, 2018 (audited)

REVENUE*	2017	2018
Contributions		
Community Action	125	125
Care for Medically Uninsured	50	50
International Health Studies	3	3
Management and General	8	8
Endowment	9	4
MetroWest Grant	10	0
Other Unrestricted	88	91
Total Contributions	293	280
OTHER REVENUE*	2017	2018
Unrestricted Investment Activity	106	93
Endowment Investment Activity	91	64
Total Revenues	490	437
EXPENSES*	2017	2018
Community Action Grants	94	128
Care for Medically Uninsured Grants	110	138
International Health Studies Grants	15	20
Medical Education	8	0
MetroWest Grant	0	8
Other Unrestricted	25	25
Management and General	6	6
Total Expenses	257	324
Excess of Revenues over Expenses	233	113
Net Assets, Beginning of Year	1,733	1,966
Net Assets, End of Year	1,966	2,080

^{*}In thousands of dollars





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