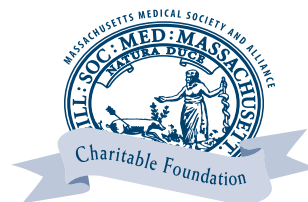


2020 ANNUAL REPORT

Supporting Physicians,
Patients, and Communities



Massachusetts Medical Society and
Alliance Charitable Foundation

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HISTORY

Celebrating 20 years in 2020

In May 2000, the Massachusetts Medical Society (MMS) House of Delegates established the MMS and Alliance Charitable Foundation as a supporting organization of the MMS. The Foundation, a not-for-profit 501(c)(3) organization, is a mechanism for consolidating the MMS’s charitable giving to the community into one entity, building on the activities of the former MMS Committee on Community Action and the MMS Alliance Charitable and Educational Fund.

MISSION

The mission of the Foundation is to support the charitable and educational activities of the MMS and the MMS Alliance, including, but not limited to, developing and nurturing cooperation between individuals, professions, institutions, and the community to creatively address issues that affect the health, benefit, and welfare of the community.

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Massachusetts Medical Society
and Alliance Charitable Foundation
860 Winter Street, Waltham, MA 02451-1411
(800) 322-2303, ext. 7044 | www.mmsfoundation.org

As physicians working at the community level, you are keenly aware of the needs that exist where you live and practice. You are encouraged to direct agencies to contact us or visit our website at **www.mmsfoundation.org** for information on our funding priorities and how to apply for a grant. Letter of Inquiry Deadline: January 15



Message from the Chair



Dear Friends and Colleagues,

As the newly elected chair of the board of directors I am excited to share with you highlights of what we have been able to accomplish this past year, because of the financial support and continued commitment from our donors to our mission of supporting physicians, patients, and communities.

These past several months have been challenging for everyone as we respond to the COVID-19 health crisis. This past spring, we were forced to postpone our 20th anniversary celebration event, which was expected to raise a significant amount of funds for our grant programs. Despite these challenges, the Foundation continued to support organizations providing health care services to vulnerable populations, many of which pivoted operations to respond to the pressing needs of their constituents, by providing grants to 17 organizations across the Commonwealth, totaling more than \$230,000. Additionally, the Foundation awarded a total of \$20,000 in grants to six medical students and six resident physicians who will learn through international travel how to provide care in limited-resource settings. Unfortunately, with travel restrictions in place much of this travel has been postponed.

We don't know what the future will hold, but it is imperative we continue to receive your support as we do know that persistent challenges in access to appropriate health care for the underserved and the most vulnerable patients in our communities continue to emerge. As physician leaders we are committed to filling major gaps in care and services in the Commonwealth, ensuring that people will get the health care they need and deserve. We cannot do this alone!

I thank you for your past and future generosity.

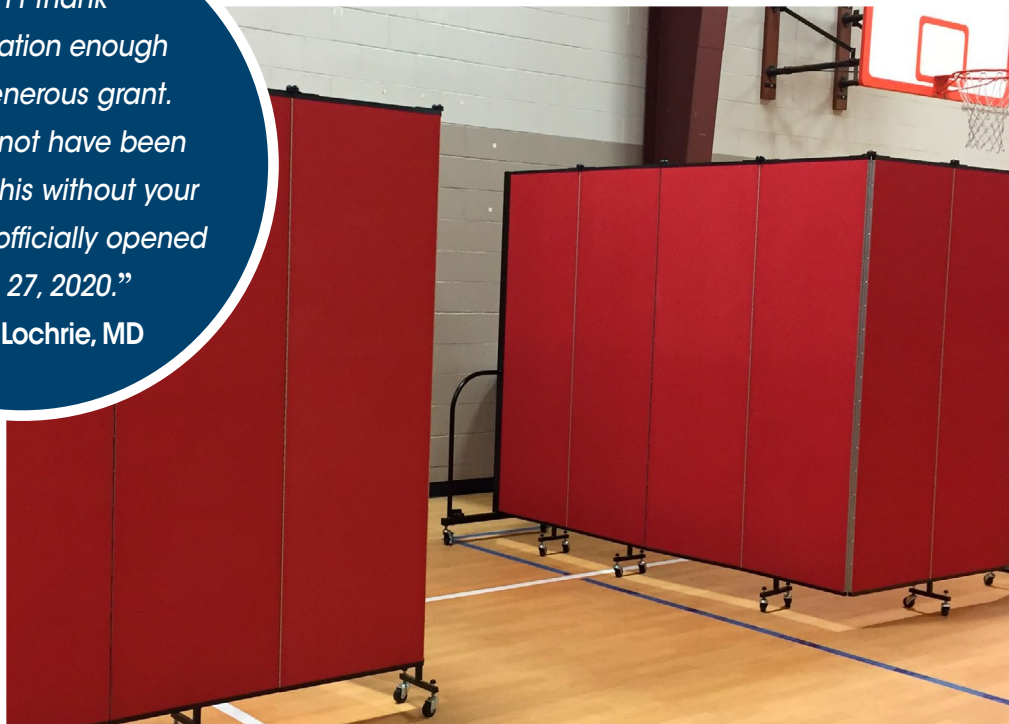
A handwritten signature in black ink, appearing to read "Lee S. Perrin, MD".

— Lee S. Perrin, MD

St. Peter's Free Medical Program received a grant in May 2020 in the amount of \$22,000 to purchase the necessary medical and office supplies needed to open this new clinic in Worcester to provide additional health care to those most in need in the Worcester area.



“I can't thank the foundation enough for the generous grant. We would not have been able to do this without your support. We officially opened August 27, 2020.”
— Jane Lochrie, MD

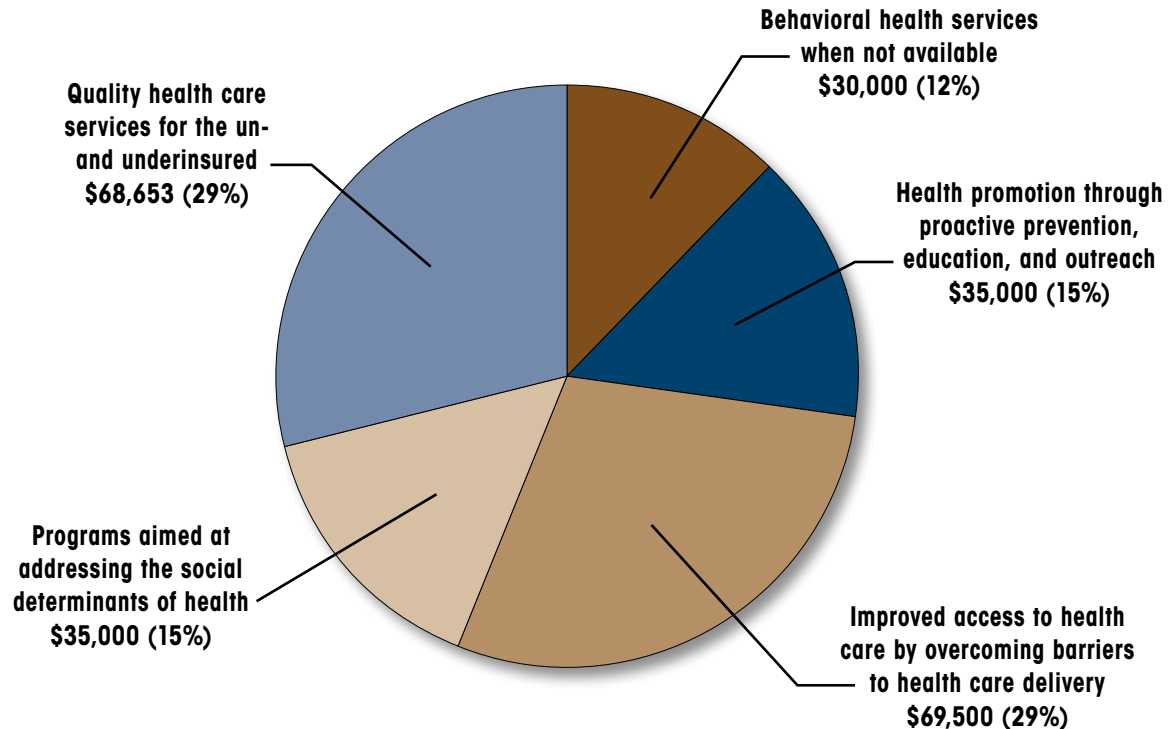


2019–2020 Regional Grants

This year, we supported 17 organizations for a total of \$238,153. These organizations help communities across the Commonwealth address current health issues while also improving health on a community-wide level. Our grantees this year include food banks and clinics, women's health initiatives, mental health counseling, and homeless health care, among others. We are proud to share more information about these organizations in the following pages as they assist with our mission to support physicians, patients, and communities across Massachusetts.

BREAKDOWN BY TOPIC OF FUNDED PROJECTS — FY 2020

Total: \$238,153



2019–2020 Regional Grants

The Foundation made a significant impact in the Northeast Region, supporting 9 organizations for a total of \$111,653.

NORTHEAST REGION

Boston Health Care for the Homeless Program (BHCHP) — \$25,000

Given the current public health crisis and the need for an urgent response, [BHCHP](#) has modified a significant amount of practice to mobilize this response and launch several new services to protect the health of people experiencing homelessness. BHCHP and its health care teams are mobilizing to be on the front lines in confronting the COVID-19 pandemic in Boston and its impact on those who lack a safe home in which to isolate themselves and follow guidance for social distancing.

Boston University Outreach Van Project (OVP) — \$10,000

The [OVP](#) aims to provide the medically underserved communities of the Greater Boston Area with clothing, food, and medical services, while offering an opportunity for future physicians to learn skills in community outreach. In March, the OVP suspended its normal operations, pivoting its work in the wake of COVID-19. Currently, volunteers are coordinating the delivery of groceries to families in need who have been identified by the East Boston Neighborhood Healthcare Center.

Boston Children's Hospital, Pediatric Dermatology Student-Run Collaborative — \$6,653

The [project](#) seeks to increase specialist health care access for pediatric patients while equipping future physicians with the leadership skills to organize health care delivery for diverse, underserved patients. Patients up to 18 years of age who have limited or no insurance will be eligible for clinic services. The clinic will operate once a month, and personnel will consist of four medical students, two dermatology residents, and two pediatric dermatologists.

Boys & Girls Clubs of MetroWest, Framingham — \$10,000

Many youths view the [Club](#) as a second home and a safe place to turn. As mental health becomes more of a focus in society, the Mental Health Awareness in At-Risk Youth program will train staff how to identify various mental health needs of youth and either work to address those needs or recommend additional services. The Club will implement more focused teen health workshops to open lines of communication and encourage positive dialogue.

During the surge of COVID-19 cases in Boston, Boston Health Care for the Homeless Program operated two medical tents that provided 38 beds of round-the-clock health care for people who lacked a stable home to isolate when exposed to the virus. *Photo below by Brian Snyder/ Thomson Reuters.*



2019–2020 Regional Grants

The Boys & Girls Clubs of MetroWest serves more than 6,000 youth annually from the areas surrounding Framingham, Hudson, and Marlborough. The out-of-school programming focuses on providing social, emotional, physical, and academic programming to youth who need us the most.



NORTHEAST REGION

MetroWest Free Medical Program (MWFMP), Sudbury and Framingham — \$15,000

[MWFMP](#) serves as an entry point to the health care system for those in MetroWest who are uninsured/insufficiently insured by providing general medical and specialty care to meet immediate health care needs; and by connecting patients with social services, health insurance, and a medical home. This care is provided by a dedicated team of more than 250 volunteers including physicians, nurses, social workers, and health educators. While in-person services are currently suspended, a portion of these funds will be used to provide telehealth services in light of the current pandemic.

South Middlesex Opportunity Council (SMOC), Framingham — \$15,000

The Food Security & Nutrition Education Program educates MetroWest-area families living in [SMOC's](#) congregate housing for the homeless in nutrition, meal planning, and food preparation, while partnering with other regional anti-hunger organizations. Part of these funds will be allocated to the agency's COVID-19-related emergency response needs, including distribution of emergency food and household items.

The Family Van, Boston — \$10,000

Project Adelante to Healthier Roads will help to expand mental health services focusing on the Latinx community. Staff training is instrumental to the success of the program, and due to the COVID-19 pandemic this training is currently on hold. Normal operations have pivoted in response and working with a group of students at Harvard Medical School, the [Family Van](#) has been preparing and distributing educational and safety brochures about COVID-19, which are available in 37 languages, to hard to reach and vulnerable individuals in the community.

The Open Door, Gloucester — \$10,000

Given this unprecedented health care crisis, food pantry and meal programs have shifted to a Curbside No Contact Trunk-Drop Pick-Up model and groceries and/or meals are delivered to the elderly or families who are quarantined or are unable to venture out. Core services have been maintained so those most vulnerable have access to good nutrition. With unemployment increasing, demand for our service continues to increase. [The Open Door](#) is not only providing food to families and individuals through its core programs, but it has stepped up to provide additional grocery service to several other sites.

Our Neighbor's Table — \$10,000

Funding supports year two of a three-year pilot [project](#), Creating Food Access for all Children: Screening and Prescription to Food Resources, to implement health care practice-based food insecurity screening, readying the program for replication and scaling.

2019–2020 Regional Grants

Three organizations in the Southeast Region received grants totaling \$45,000.

SOUTHEAST REGION

Father Bill's & MainSpring, Brockton and Quincy — \$15,000

The [MainSpring Outreach Project](#) utilizes a Triage Outreach Worker to connect men and women living outdoors in Brockton to health care and wraparound services, improve health outcomes, and help this vulnerable population exit homelessness. A portion of these funds will be reallocated to cover costs related to the additional staff and supplies needed to deal with the current public health crisis. This includes staffing new temporary shelter sites, providing meals that typically are donated by the community, and purchasing essentials like hand soap, sanitizer, cleaning, and hygiene products.

Health Imperatives, Brockton — \$20,000

Funding will support the implementation of a pilot [project](#) in Brockton that will increase health insurance coverage and access to sexual and reproductive health services for low-income, disenfranchised, and at-risk individuals. In the wake of the COVID-19 pandemic, this project has become even more crucial for the city of Brockton, which has seen a significant rate of cases and where many individuals have lost health insurance due to unemployment.

Interfaith Social Services, Quincy — \$10,000

The [New Directions Counselling Center](#) addresses the mental health needs of impoverished people without health insurance or with inadequate coverage. As a result of the current pandemic, mental health counseling has temporarily transitioned to a telemedicine model. Some clients have chosen to wait until after the crisis ends before continuing treatment. However, this has been balanced by an increase in clients reaching out for therapy to cope with the severe anxiety and emotional trauma brought on by the crisis.

In the midst of the COVID-19 health crisis, Father Bill's & MainSpring (FBMS) has bolstered and increased services, providing shelter/housing, meals, essentials, and access to health care, including COVID-19 testing and support, to every homeless individual and family served. FBMS has implemented an enhanced intake screening across programs and worked with partners to open new temporary shelters to maintain capacity while allowing for social distancing among guests.



2019–2020 Regional Grants

The Food Panty at the Amherst Survival Center has seen a 4x increase in new families registering and the monthly grocery allocations for families with school-age children have increased. The amount of seniors receiving food delivery has doubled.



Five organizations in the West Central Region received grants totaling \$81,500.

WEST CENTRAL REGION

Amherst Survival Center, North Amherst — \$15,000

During this pandemic the free medical clinic operations are temporarily suspended, and patients are referred to the community health center. The Health Needs Fund continues to cover the cost of rides to appointments as needed. [Food and nutrition programs](#) are continuing and have expanded to meet the 50 percent increase in demand. Hot lunches as well as bags of produce and bread are available daily and bagged lunches now include snacks and an additional to-go sandwich, wrap, or salad for homeless participants to take for dinner.

Children's Friend, Worcester — \$10,000

The [Gender Wellness Initiative](#) provides access to mental health services for transgender and gender-nonconforming youth through counseling, support groups and family resources, and training of school personnel, health care providers, and others.

Family Health Center of Worcester — \$24,500

Homeless individuals will have increased access to substance use disorder (SUD) treatment services with the creation of a new [Community Recovery Outreach Worker](#) service, which connects patients-in-need to appropriate services and provides ongoing peer support. A portion of these funds will be reallocated to purchase personal protective equipment to allow for the CROW to be protected while working to increase SUD services for low-income, culturally diverse residents in Worcester and South Worcester County.

St. Peter's Free Medical Program, Worcester — \$22,000

Over the last five years, St. Anne's Free Medical Program has seen its volume increase and has had to turn patients away several months of the year and running at capacity for most other times. [St. Peter's](#) will augment the services provided by St. Anne's and is located in the zip code of where about 30 percent of St. Anne's patients live.

Worcester Evening Free Medical Service Program — \$10,000

The [Worcester Free Clinic Coalition](#) is a group of six free medical programs that provides free health care services to those who are uninsured or underinsured in the greater Worcester area. A pilot program is launching to improve communication between the programs and community partners and improve data collection efforts by implementing an electronic medical record.

International Health Studies Grantees

Medical Students

Name of Grantee	Medical School	Travel Location
Oluwatomisin Bello	Boston University School of Medicine	Child Family Health International, Cape Coast, Ghana
<i>"I am even more convinced about the need for global women's health and the need for obstetricians and gynecologists in the global health scene."</i>		
Janelle Driscoll	Tufts University School of Medicine	Christian Medical College, Vellore, India
<i>"There is significant transparency in the cost of medications, imaging, and a variety of services... Seeing these fees requires the physician to be tactful in their utilization of health care services, but also opens a dialogue between the patient and physician."</i>		
Madeline Ganz	Tufts University School of Medicine	Christian Medical College, Vellore, India
<i>"India has harnessed its power of community identity, allowing community members to help advocate for the most vulnerable in the community. Health is very much less an individual and isolated personal problem, but rather a responsibility of the entire community."</i>		
Maia Nofal	Boston University School of Medicine	Lifebox, Addis Ababa, Ethiopia
<i>"Throughout my month in Ethiopia, I was constantly inspired by the people around me who, despite the challenges, always found a way to improve the current health care structures."</i>		
Colin Russell	Tufts University School of Medicine	Korle Bu Teaching Hospital & University of Ghana Medical School, Accra, Ghana
<i>"This was an invaluable experience spending the month in an entirely different medical system. From large structural differences, such as the differences between the medical training systems, to the day-to-day activities of obtaining labs, I was gifted a first-hand experience into how this hospital and medical system operated."</i>		
Mariame Sylla	Harvard Medical School	Ignace Deen Hospital, Conakry, Guinea
Travel postponed due to COVID-19.		

This past year marks the 19th consecutive year that the Foundation has awarded International Health Studies grants. The program began in Fiscal Year 2002 with four annual grants totaling \$3,000 and has continuously grown to the past year awarding 12 grants totaling \$20,000. One hundred and seventeen individuals have received this honor for a total investment of \$162,775.



Oluwatomisin Bello and a co-intern lead a demonstration of the use of a female condom to teenage mothers in Kissi, Ghana.

International Health Studies Grantees

Residents

Name of Grantee	Residency Program	Travel Location
Jeffrey Gluckstein	Brigham & Women's/Mass General Hospital — Neurology	Muhimbili National Hospital, Dar es Salaam, Tanzania
<i>"Perhaps the most challenging part of stroke care in Tanzania was deciding how much workup was necessary. Many tests were available, either in-hospital or by sending labs to India, but most patients could not afford to pursue treatments if we found disease."</i>		
Jordana Laks	Boston Medical Center Internal Medicine	Partners in Health, Chiapas, Mexico
<i>Travel postponed due to COVID-19.</i>		
Mary Elise Lunch	Boston Medical Center OB/GYN	Motebang Hospital, Leribe District, Lesotho
<i>Travel postponed due to COVID-19.</i>		
Olivia Rowse	Boston Medical Center Internal Medicine	Superemos, Esteli, Nicaragua
<i>"In the US, I practice in a world of abundance and as a side effect, education often gets left behind. But we must educate our patients. That is our first line treatment."</i>		
Yssra Soliman	Brigham & Women's Internal Medicine/Dermatology	Lebanese American University, Beirut, Lebanon
<i>Travel postponed due to COVID-19.</i>		
Lauren Sweetser	Boston Children's Hospital Pediatrics	Global Healing Program at Hospital Publico Roatan, Roatan, Honduras
<i>"During these unprecedented challenging times, developing countries are hit the hardest and my resolve to care for these underserved communities has grown ever stronger."</i>		

By subsidizing up to \$2,000 of travel expenses, we hope to contribute to the development of culturally competent physicians who are prepared to serve both local and international communities with humility and respect.

Special moments during a primary care appointment at the Pediatrics clinic in the public hospital in Coxen Hole, Roatán, Honduras.

Supporters and Tributes

Thank you for your support of the Foundation through your philanthropic gifts from June 1, 2019, to May 31, 2020.

1781 Society

Robert H. Ackerman, MD (June 1, 1935–December 18, 2018)

Visionary (\$10,000 or more)

Massachusetts Medical Society

Physicians Insurance Agency of Massachusetts

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We have made every effort to properly recognize our generous donors. If we have made an error, we apologize.

Please contact us so we can correct our records.

TRIBUTES

The Foundation is pleased to accept contributions recognizing special occasions in the lives of family, friends, and colleagues. We are honored to recognize these gifts.

In honor of Maryanne C. Bombaugh, MD

Paula J. Madison

In honor of Sandra M. Celona

Beverly A. George

In honor of Dr. Elinor Downs

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Patricia Rose Falcao, MD

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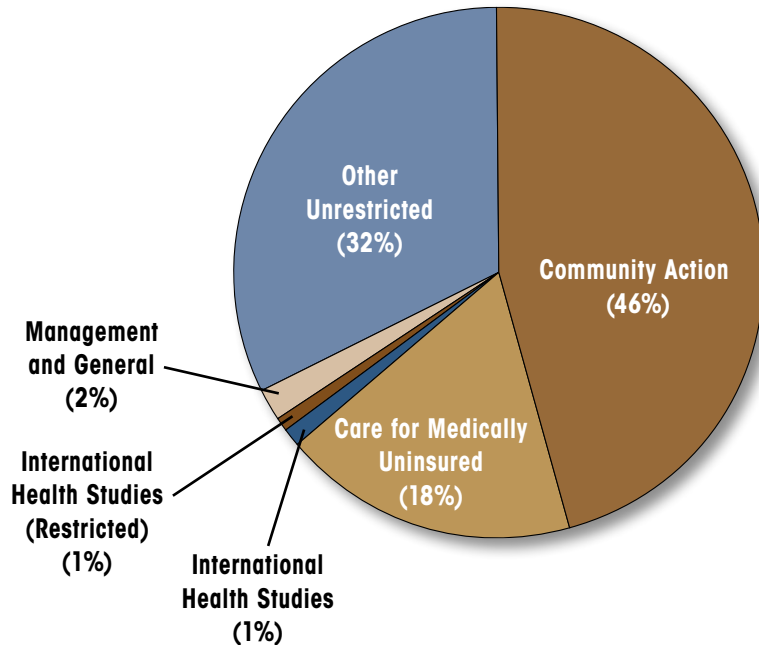
Mariette Aubuchon Young

If you would like to honor someone by making a gift to the Foundation, please call (781) 434-7044.

Financials

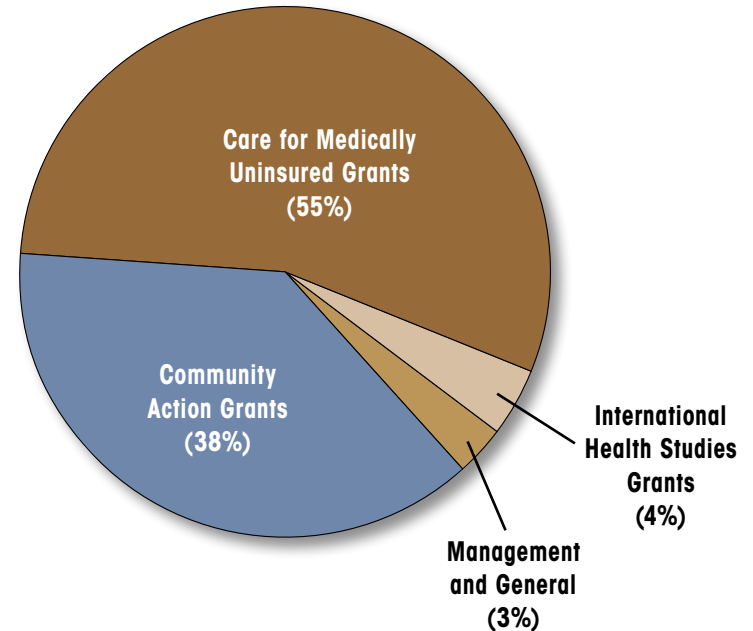
CONTRIBUTION REVENUE — FISCAL YEAR 2020

Total: \$275,000



EXPENSES — FISCAL YEAR 2020

Total: \$203,000



Because of the extraordinary support the Foundation receives from the Massachusetts Medical Society, we are able to keep our overhead expenses extremely low. As a result, those who give to the Foundation can be assured that 100 percent of their contribution goes where it is needed most — to address issues that affect the health and well-being of the community.

Statement of Revenues and Expenses and Changes in Net Assets for the Fiscal Year Ended May 31, 2020

Statement of Activities: June 1, 2019, to May 31, 2020 (audited)

REVENUE*	2019	2020
Contributions		
Community Action	125	125
Care for Medically Uninsured	50	50
International Health Studies	3	3
International Health Studies (restricted)	2	2
Management and General	8	6
Endowment	1	1
Other Unrestricted	93	88
Total Contributions	282	275

OTHER REVENUE*	2019	2020
Unrestricted Investment Activity	16	123
Endowment Investment Activity	44	54
Total Revenues	342	452

EXPENSES*	2019	2020
Community Action Grants	161	77
Care for Medically Uninsured Grants	121	112
International Health Studies Grants	19	9
Medical Education	1	0
MetroWest Grant	0	0
Other Unrestricted	0	0
Management and General	4	7
Total Expenses	306	203
Excess of Revenues over Expenses	35	248
Net Assets, Beginning of Year	2,080	2,116
Net Assets, End of Year	2,116	2,365

*In thousands of dollars

A guest at one of the temporary shelters established by Father Bill's & MainSpring to maintain capacity while allowing for social distancing.



WE ARE YOUR Foundation

Supporting Physicians, Patients, and Communities

Massachusetts Medical Society and Alliance Charitable Foundation

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