



DIRECTIONS AND HOTEL INFORMATION

View Map and get directions using Google Maps
Note: Some GPS systems may not provide accurate door-to-door directions to our campus.

MMS/NEJM Corporate Hotels

The Massachusetts Medical Society has negotiated discounts with a number of hotel companies. The corporate discount varies with hotel brands and depends on date, room availability, and hotel participation. Rates are valid locally, domestically, and internationally.

Starwood Hotels: Sheraton, Westin, W Hotels, Four Points, and others

— To book a Starwood hotel, visit starwoodhotels.com (mention you are attending a conference at the MMS)

Hilton Hotels: Hilton, Embassy Suites, Hilton Garden Inn, Hampton Inn, and others

— To book a Hilton hotel, visit Hilton.com (mention you are attending a conference at the MMS)

Park Lodge Hotels (local to Waltham): Marriot Courtyard and Holiday Inn Express

— To book these properties, please email reservations@parklodgehotels.com

Airports: Boston Logan Airport — 20 minutes to Waltham

Restaurants in the Waltham Local Area

(Close to MMS & MMSA Headquarters and walking distance from hotels)

Osteria Posto — Italian
osteriaposto.com

Ruth's Chris — American
ruthschris.com

BoneFish — Asian American
bonefishgrill.com

Green Papaya — Thai
greenpapayawaltham.com

Naked Fish — American
nakedfishwaltham.com

Bertucci's — Italian
bertuccis.com

Massachusetts Medical Society and Massachusetts Medical Society Alliance Headquarters

Conference Center at Waltham Woods

860 Winter Street, Waltham, MA 02451
(800) 322-2303
(minutes from Boston)

DAY 1 — Free (half day program, refreshments, and reception)

DAY 2 — \$85 (program, lunch, tour)

DAY 3 — Farewell Breakfast/Round Table Discussion

For registration details, visit mmsalliance.org.

Questions?

Contact sandra.delgado@comcast.net.



2018 NORTHEAST REGIONAL CONFERENCE



RECOGNIZING BURNOUT IN THE MEDICAL PROFESSION: INTERVENTION AND PREVENTION



OCTOBER 18-20, 2018



MASSACHUSETTS MEDICAL SOCIETY ALLIANCE

Making a Difference

Provided by the Massachusetts Medical Society and the Massachusetts Medical Society Alliance

massmed.org

mmsalliance.org

JOIN US

Join your colleagues for an impactful three-day conference focusing on the changing world of health care. Day One will feature an educational program addressing the crisis of burnout and steps that can be taken to improve the well-being of health care professionals and their families. Day Two, we will hear from experts about the political landscape of medicine at the federal and state levels. You will also have the opportunity to learn about special national and state Alliance initiatives. On Day Three, join us for breakfast, round table discussions and wrap up. Throughout the three days there will be ample time for networking with colleagues and enjoying the history that Massachusetts has to offer.

Accreditation Statement*: The Massachusetts Medical Society is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

AMA Credit Designation Statement*: The Massachusetts Medical Society designates this live activity for a maximum of 3.00 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

This activity meets the criteria for the Massachusetts Board of Registration in Medicine for risk management study.

*For the Thursday, October 18, program only.

SCHEDULE OF EVENTS

THURSDAY, OCTOBER 18

Recognizing Burnout in the Medical Profession: Intervention and Prevention

Directly provided by the Massachusetts Medical Society and the Massachusetts Medical Society Alliance

- 12:30 p.m. **Registration**
- 1:00 p.m. **Welcome**
Sandra Delgado, BSN, MHA
President, Massachusetts Medical Society Alliance
- 1:05 p.m. **The Underlying Issues of Physician Burnout**
Alain Chaoui, MD
President, Massachusetts Medical Society
- 1:30 p.m. **Embracing Uncertainty to Alleviate Burnout: Lessons from the Frontline**
Arabella Simpkin, MD
Associate Director
Center for Educational Innovation and Scholarship Massachusetts General Hospital
- 2:15 p.m. **BREAK**
- 2:30 p.m. **Using SBIRT (Screening, Brief Intervention, Referral to Treatment) to Identify Dependency**
Donna Zucker, RN, MS, PhD, FAAN
Associate Dean for Academic Affairs
UMass Amherst College of Nursing
- 3:00 p.m. **Effective Burnout Prevention Program for Residency and Fellowship Trainees**
Amy Vinson, MD, FAAP
Boston Children's Hospital
- 3:45 p.m. **Panel Discussion**
- 4:15 p.m. **Networking Reception**

FRIDAY, OCTOBER 19

Sponsored by the Massachusetts Medical Society Alliance

- 9:30 a.m. **Continental Breakfast**
- 9:35 a.m. **Welcome Back**
Sandra Delgado, BSN, MHA
President, Massachusetts Medical Society Alliance
- 9:40 a.m. **AMAA Alliance Update/New Initiatives**
Cami Pond
President, American Medical Association Alliance
- 10:15 a.m. **Federal Update**
Alex. Calcagno
MMS Director, Advocacy, Government and Community Relations
- 10:45 a.m. **State Update**
Brendan Abel, Esq.
MMS Legal and Regulatory Affairs Counsel
- 12:00 p.m. **Tour the Minuteman National Park/ Historical Concord/Orchard Alcott House**
The house is most noted for being where Louisa May Alcott wrote and set her beloved classic, *Little Women*, in 1868. Followed with high tea at the famous and haunted 1761 Concord's Colonial Inn with Doctor Edward Flint, an actor portrayal of a physician from the American Revolutionary War.

SATURDAY, OCTOBER 20

- 10:00 a.m. Breakfast/Round Table Discussions/Wrap-Up

