

## Massachusetts Medical Society Selected Referral Resources

### BEHAVIORAL HEALTH

- [Massachusetts Behavioral Health Help Line](#)  
Call or text 833-773-2445 or use [online chat](#) 24/7/365. Connects individuals and families to outpatient, urgent, and immediate crisis care services for mental health and substance use in the Commonwealth.
- [MCPAP Massachusetts Child Psychiatry Access Program](#)  
This free psychiatric consultation program provides access to and facilitates referrals for behavioral health care. MCPAP is available for all children and families through their primary care physicians regardless of insurance. MCPAP is free for all PCPs; enroll by clicking [here](#).
- [MCPAP for Moms Massachusetts Child Psychiatry Access Program for Mothers](#)  
This free service is designed particularly for obstetric, pediatric, primary care, and psychiatric providers serving pregnant and postpartum women. Pediatricians should refer mothers with mental health concerns or positive screening results to their obstetric or primary care providers who can obtain assistance directly from MCPAP for Moms. MCPAP for Moms assists pregnant and postpartum women and their children up to one year after delivery. Fathers and other caregivers experiencing postpartum depression can also access MCPAP for Moms. To enroll in MCPAP for Moms and to learn more, follow this [link](#).

### SUICIDE PREVENTION

- [988 Suicide and Crisis Lifeline \(formerly the National Suicide Prevention Lifeline\)](#)  
A dedicated 3-digit number for callers looking for suicidal crisis support or support for emotional distress.
- [National Institute of Mental Health \(NIMH\)](#)  
The NIMH offers a number of screening tools, evidence-based clinical pathways for youth and adults, and the Ask Suicide-Screening Questions (ASQ) Toolkit which is available in 14 languages. NIMH and other experts have recently developed a clinical pathway for PCPs to implement [risk screening for adult patients](#) in their practices. The information will include details on how to conduct suicide risk screening and when and how to intervene.

### SCREENING TOOLS

- [Pediatric Mental Health Gateway](#)  
The MA Chapter of the American Academy of Pediatrics offers a curated collection of mental health resources and links for clinical teams.

### SUBSTANCE USE

- [MCSTAP Massachusetts Consultation Service for Treatment of Addiction and Pain](#)  
MCSTAP provides physicians and their staff with evidence-based tools, real-time consultations on safe prescribing and managing care for adult patients with chronic pain, substance use disorders, or both, and referral information. To enroll in MCSTAP, click on this [link](#).

*This information is intended to serve as a general resource. No recommendation or endorsement by the MMS for the individual(s) or service(s) listed is expressed or implied. This information does not constitute legal advice. The MMS is not responsible for the recommendations of or the quality of the work provided by any of the parties listed.*

- **[ASAP-MCPAP Adolescent Substance Use and Addiction Program - Massachusetts Child Psychiatry Access Program](#)**  
 ASAP-MCPAP services are growing to offer telehealth counseling for adolescents who use substances. ASAP-MCPAP's substance use counselor will offer substance use evaluation and care to pediatric primary care patients. In order to access this service, primary care providers should continue to call their regional MCPAP line and ask to connect with the ASAP team. The ASAP consultant on-call will speak with the primary care provider and determine if virtual substance use counseling would be appropriate for their patient. The ASAP-MCPAP staff will complete intake information and reach out to your patient to schedule the first appointment. To learn more, view the [September Clinical Conversation](#) introducing this service.
- **[Massachusetts Bureau of Substance Addiction Services \(BSAS\)](#)**  
 The BSAS, through the Massachusetts Department of Public Health, oversees prevention, intervention, treatment, and recovery services in the Commonwealth. Information for physicians is available including information for [substance treatment providers](#).
- **[ORN Opioid Response Network](#)**  
 ORN focuses on applying evidence-based practices in prevention, treatment, and recovery to meet local needs in all states and territories through training and education via local consultants with expertise and experience. This no cost network is funded by a SAMHSA grant awarded to the American Academy of Addiction Psychiatry (AAAP) in collaboration with the Addiction Technology Transfer Center Network at the University of Missouri-Kansas City, Columbia University Division on Substance Use Disorders, and a large coalition of over 40 national professional organizations.
- **[Protecting Children and Adolescents From Tobacco and Nicotine Clinical Report](#)**, [Policy Statement](#) and [Technical Report](#) from the American Academy of Pediatrics.
- **[PCSS Providers Clinical Support System](#)**  
 PCSS is a SAMHSA-funded, no-cost initiative led by the American Academy of Addiction Psychiatry and a coalition of national professionals that provides training, resources, and mentoring to clinicians in the prevention, identification, and treatment of substance use disorders, particularly opioid use disorder.

## NEURODIVERSE CHILDREN

- **[MCPAP for ASD-ID The Massachusetts Child Psychiatry Program for Autism Spectrum Disorders and Intellectual Disabilities](#)**  
 Call: **(866) 273-4399**  
 MCPAP for ASD-ID provides support and consultation to Emergency Services Program and Mobile Crisis Intervention clinicians working with youth and young adults up to age 26 years with ASD or ID who are having a behavioral health crisis. The free on-demand consultations are available seven days a week including holidays from 11:00 a.m. to 7:00 p.m.

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